

# HOW TO USE: WIXELA INHUB

## Your Fluticasone/Salmeterol Inhaler



### WATCH THE VIDEO HERE

1. Open your **camera's photo** taking option
2. **Point** it at the below QR code like you were taking a picture
3. **Click** on the link to the **video** that will appear on your phone screen

Scan  
QR CODE



1



#### Open the Inhaler

Remove the inhaler out of the foil pouch and discard the foil pouch. Keep all unused inhalers in their foil pouch until ready to use. The inhaler is good for 30 days after taken out of the pouch.

#### Get the Inhaler Ready to Use

Hold the inhaler in one hand and with your other hand on the grip, lower the mouthpiece cover. Pull the yellow lever down to the end of the purple arrows.



2

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#### Get your Lungs Ready to Use the Inhaler

Hold the Inhub away from mouth and breathe out as long as you can. Bring the mouthpiece to your mouth. Close your lips over the mouthpiece. Breathe in quickly and deeply. Remove the inhaler from mouth. Keep your lips closed and hold your breath for 10 seconds or as long as you can. Then, breathe out SLOWLY and for as long as you can.

#### Close the Inhaler

Push the mouthpiece cover back up. The dose counter will decrease by one. Be sure to rinse out your mouth each time.



4

### REMINDERS

- This inhaler is NOT a rescue inhaler
- Try to hold your breath for 10 seconds after you inhale the medicine
- Each new inhaler contains 60 doses and dose counter starts at 60
- Do NOT wash this inhaler
- Store the inhaler in a dry place and at room temperature
- Do NOT take extra doses
- Do NOT use a spacer with this inhaler
- Rinse out your mouth after each dose



### Alternative Links to Watch the Training Video

#### 1. [Patient Medication Education-YouTube](#)

Direct URL: <https://www.youtube.com/watch?v=gkH61DUBDP>

#### 2. [Veterans Health Library](#) OR [www.veteranshealthlibrary.va.gov](http://www.veteranshealthlibrary.va.gov)

Direct URL: [https://www.veteranshealthlibrary.va.gov/Resources/Vid-eoLibrary/?e=0#player:165,Wixela\\_Inhub](https://www.veteranshealthlibrary.va.gov/Resources/Vid-eoLibrary/?e=0#player:165,Wixela_Inhub)